

# MILLERCOMM88

## Toward a New Way of Living: Nutrition, Physical Activity, and Your Health

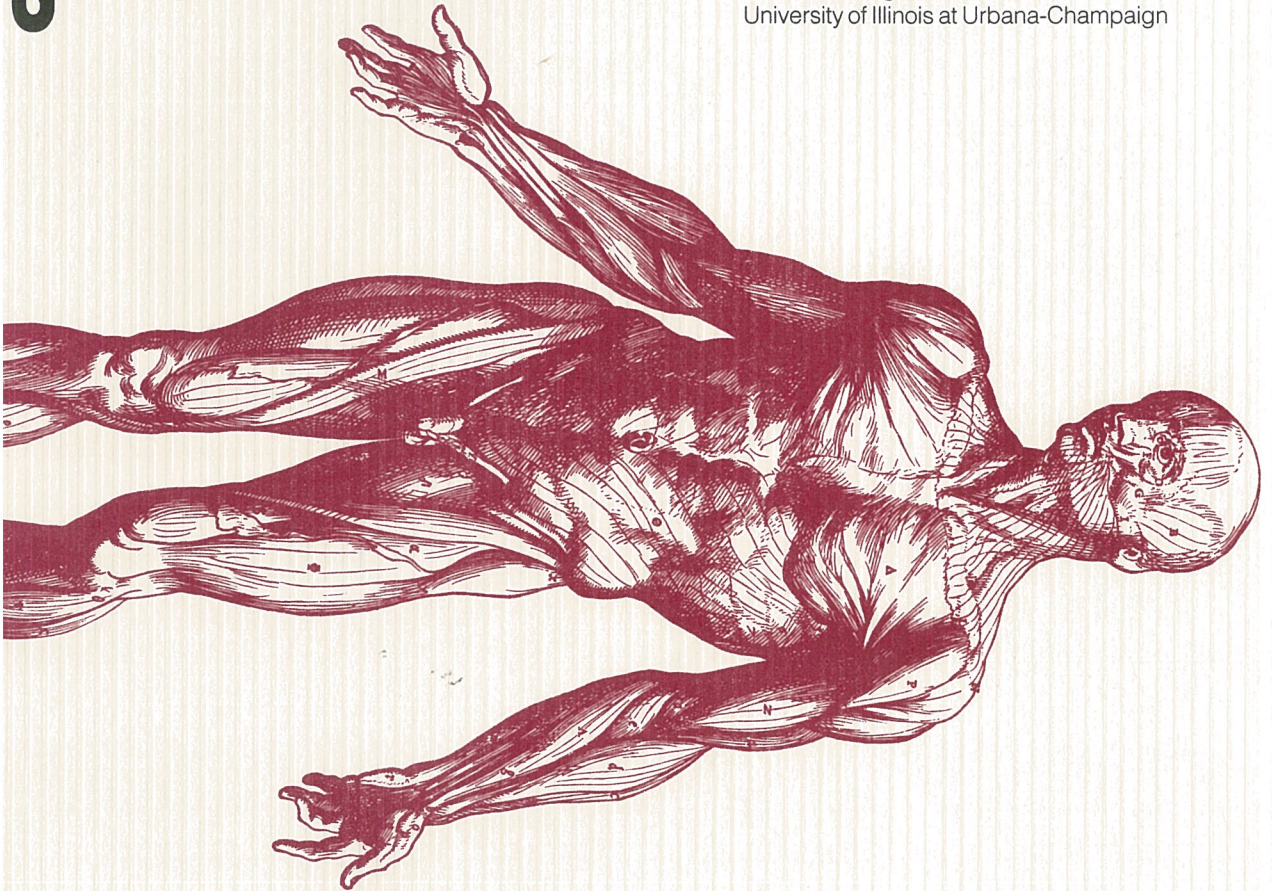
*a four part serie.*

**1**  
Nutrition and Exercise:  
Implications for Health and Physical Performance

*Elsworth R. Buskirk, PhD  
Pennsylvania State University*

**3**  
*November 1987, Tuesday 8:00 pm*

112 Gregory Hall  
810 South Wright Street, Urbana  
University of Illinois at Urbana-Champaign



Andreas Vesalius: *De Humanis Corporis Fabrica* (1542)

College of Applied Life Studies  
College of Medicine  
School of Human Resources and Family Studies  
Department of Health and Safety Studies  
Department of Kinesiology  
Nutritional Sciences Program  
Campus Recreation  
Carle Foundation  
Carle Clinic Association  
George A. Miller Committee